Course Descriptions

AC 301 Acupuncture Principles
Prerequisite: None
This course introduces basic concepts of channels, collaterals, and acupuncture points. This course also covers acupuncture history, classification, systems of nomenclature, knowledge of standards of the WHO, distribution, and functions of the channels and collaterals.

AC 321 Acupuncture A
Prerequisite: AC 301
This course is an introduction to Lung, Large Intestine, Stomach, Spleen, Heart, Small Intestine, Urinary Bladder and Kidney channels. It includes a detailed study of the pathways and pathogens of each channel as well as location, action, and indication of each acupoint.

AC 322 Acupuncture B
Prerequisite: AC 301
This course is an introduction to Pericardium, Sanjiao, Gall Bladder, Liver, Du, Ren channels and Extra Points. It includes a detailed study of the pathways and pathogens of each channel as well as location, action, and indication of each acupoint.

AC 323 Acupuncture C
Prerequisite: AC 301
This course is a detailed introduction to the theory of channel systems covering the Eight Extraordinary Channels, Twelve Divergent Channels, Fifteen Collaterals, Twelve Muscular Regions, and Twelve Cutaneous Regions.

AC 344 Special Acupuncture Modalities
Prerequisite: AC 301
This course covers the application of the Special acupoints and introduces the special acupuncture modality such as Ear, Scalp, Face and Nose, Hand and Foot, Cutaneous, Pressure, Intradermal, Three-edged Needle, Warm needle, and Electro Acupuncture. The course also introduces the method of Moxibustion, Cupping, Cold and Ultrasound therapies, as well as management of possible accidents in acupuncture treatment.

AC 345 Acupressure / Tui Na I
Prerequisite: None
This course includes the principles, theory, techniques utilizing manual therapy and mechanical devices and practice of basic Acupressure and Tui Na (Oriental Massage).

AC 421 Acupuncture Techniques A
Prerequisite: AC 321, AC 322
This course covers the hygienic standards including clean needle techniques, management of possible accidents in acupuncture treatment, equipment maintenance and safety and preparation for various needling techniques. Students practice the point location and the needling techniques for eight channels (Du, Ren, Lung, Large Intestine, Stomach, Spleen, Heart, and Small Intestine channels).

AC 422 Acupuncture Techniques B
Prerequisite: AC 321, AC 322
This course covers the hygienic standards including clean needle techniques, management of possible accidents in acupuncture treatment, equipment maintenance and safety and preparation for various needling techniques. Students practice the point location and the needling techniques for six channels (Urinary Bladder, Kidney, Pericardium, San Jiao, Gall Bladder, Liver channels) and the extraordinary points. Students also practice auricular, scalp, cutaneous, and warming acupuncture as well as electro-acupuncture, cupping, bleeding, gua sha, dermal tacks and cold and heat therapy including moxibustion and ultrasound. Students practice acupuncture point stimulation devices including magnets and beads, too.

AC 521 Acupuncture Theory Therapy A
Prerequisite: OM Upper Division Standing
This course covers a study of the principles of Acupuncture prescription and treatment from Nei Jing to modern acupuncture and oriental medicine literature. The course includes a detailed study of clinical acupuncture treatment procedures for different specialties including emergency care, family medicine, internal medicine such as Respiratory, Digestive, Urogenital, and Psychologic diseases.

AC 522 Acupuncture Theory Therapy B
Prerequisite: OM Upper Division Standing
This course covers a study of the principles of Acupuncture prescription and treatment from Nei Jing to modern acupuncture and oriental medicine literature. The course includes a detailed study of clinical acupuncture treatment procedures for different specialties including orthopedics, traumatology, geriatrics, gynecology, pediatrics, dermatology, and ophthalmology.
BS 101 Biology
Prerequisite: None
This course covers earth's diversity of biological organisms and systems. The processes of life from the most basic unicellular to highly complex mammalian organisms will be presented, along with interconnections between living systems and how life evolved in greater complexity from simple beginnings. Topics covered include cell structure and function, basic reproduction and genetics (mitosis meiosis), plant and animal structures, basic life processes (digestion, respiration, excretion, secretion, reproduction), ecology and the biosphere. Also this course includes introduction to immunology and microbiology (viruses, bacteria, and other medical related micro-organism) as the basis of clinical science.

BS 102 Chemistry
Prerequisite: None
This course will examine basic principles of chemistry. Fundamentals of general chemistry will be presented, focusing on the basic conceptions of matter, atom, molecules and compounds; chemical reactions and chemical bonds. This course also introduces basic knowledge of bio-compounds such as amino acids, proteins, lipids and nucleic acids.

BS 103 Organic/Biochemistry
Prerequisite: BS 102
This course will examine basic principles of organic and biochemistry. Fundamentals of organic and cellular chemistry will be presented, focusing on chemical interactions within living cells are the foundation of all life processes. The structures, properties, metabolism, functions as well as practical and clinical aspects of the following groups of bio-compounds will be studied: amino acids, proteins, enzyme co-factors, lipids, and nucleic acids.

BS 104 Physics
Prerequisite: None
This course will present classical and Quantum Physics including Newtonian Physics, Thermodynamics, and Relativity. The laws governing bodies in motion and at rest (inertia), mass, temperature and pressure changes and the effect on mass, will be presented in a Newtonian context. The course also includes application of physics in clinical medicine as well as a general survey of biophysics.

BS 105 Psychology
Prerequisite: None
This course will present a history of the development of psychological theory from Freud to the present, encompassing Pavlovian and Skinnerian theories of behavior, and the sorts of maladies which might be termed “psychosomatic.” Modern descriptions of mental illnesses, such as psychoses and neuroses will be explained. Traditional outlooks on mental illnesses are also explored, such as explanations for mental illness. Psychological disorders and therapeutic methods will also be examined for effectiveness in treating mental illness. The course will also present a survey of basic theoretical approaches to clinical counseling along with the related ethical, legal and multicultural considerations.

BS 110 Research Methodology
Prerequisite: None
This course is designed to introduce basic concepts and techniques of collecting, organizing, and analyzing data (methods of statistical analysis) in order to carry out and research a specific inquiry in Acupuncture and Oriental Medicine and related evidence-based medicine. This course focuses on gaining knowledge in research methods, academic peer review process, and literature evaluation to apply later in a research project of one's own design.

BS 301 Medical Terminology
Prerequisite: None
This course covers standard medical terminology used by healthcare practitioners in referring to various diseases, surgical procedures, medical procedures and body parts. The medical terms consist of Greek and Latin roots, combined forms, prefixes, and suffixes. The course also includes Western medical abbreviations, and the different formats (singular and plurals) of the terminology.

BS 302 History of Medicine
Prerequisite: None
The History of Medicine, in general, in which the origins of medical theory, the progress of medical science, and the history and development of Acupuncture and Oriental Medicine in the United States are discussed. Medical conditions and name of tests from famous individuals who discovered them will also be presented.

BS 321 Anatomy & Physiology A
Prerequisite: BS 301
The objective of this course is to provide students with an understanding of the structures and arrangement of gross surface features of the human body. Slides are used to emphasize areas useful to the acupuncturist. This course pays special attention to the skeletal system, joints, muscular system, and lymphatic system along with basic blood chemistry, blood pH, body fluids and electrolyte balance, and acid-base balance.
BS 322 Anatomy/Physiology B  
Prerequisite: BS 301  
This is a continuation of basic Anatomy/Physiology A with particular emphasis placed on the function of organs and organ systems (Respiratory, Cardiovascular, Gastrointestinal, Urinary, Reproductive System).

BS 323 Neurosciences / Endocrinology  
Prerequisite: BS 301  
This is a continuation of basic Anatomy/Physiology courses with particular emphasis placed on the nervous system (nervous tissues, central nervous system, peripheral nervous system and autonomic nervous system). The anatomy of special sense organs (sight, hearing, smell, and taste) and human genetics are also a part of this course as well as an introduction to the endocrine system.

BS 331 Acupuncture Anatomy  
Prerequisite: BS 321, AC 321, AC 322  
The objective of this course is to provide students with an understanding of the structures and arrangement of gross surface features of the human body. Students are introduced to clinically significant relationships through lectures and laboratory dissection of cadavers. Slides are used to emphasize areas useful to the acupuncturist.

BS 341 Nutrition & Diets  
Prerequisite: BS103  
This is a general nutrition course with an introduction to principles of nutrition and their relationship to health. Major principles, functions and sources of nutrients and disease prevention are discussed. Procedures for patient consultation in commonly seen diseases, nutrition, dietary supplement and prescription counseling.

CM 301 CPR & First Aid  
Prerequisite: None  
This course covers adult and child Cardiopulmonary Resuscitation (CPR) and First-Aid training as developed and certified by the American Heart Association. The main purpose of this course is to teach students the psycho-motor skills needed in emergency care to help sustain life and to minimize pain and the consequences of injury or sudden illness.

CM 321 Physical Diagnosis  
Prerequisite: BS 301 and one of BS 321 and BS 322  
Presented in this course are standard methods of physical examination and/or assessment, including neuromusculoskeletal, orthopedic, neurological, abdominal, and ear, nose and throat examinations, and functional assessment. It emphasizes on comprehensive history taking, clinical reasoning and problem solving, Proper bedside manner and sensitive communication skills in multi-cultural environment and diverse context will also be discussed. The procedures for ordering diagnosing imaging, radiological and laboratory tests, and the importance of incorporating these adjunct diagnostic tools and the resulting data and reports for developing clinical impressions, working diagnoses, and effective patient management will be discussed. WHO's international classification of diseases (ICD) will be introduced.

CM 322 General Pathology  
Prerequisite: BS 101 and BS 301  
This course presents a survey of microbiology and psychopathology that may affect the normal body function. It also deals with basic general concepts of pathology associated with cellular damage, bodily responses to injury, acute and chronic inflammation, hemodynamic dysfunction, epidemiology, genetic disorders and neoplasia. A systematic review of pathological processes affecting neurologic and endocrine systems will also be presented.

CM 331 Pharmacology  
Prerequisite: BS 101 and BS 301  
This course covers pharmaceuticals used in the treatment of disease. The pharmacological assessment of patients, as well as the mechanisms of action, absorption, excretion, contraindications, side effects and toxicity of specific drugs will be presented. Specific drugs-herbs-nutritional interactions will also be discussed.

CM 341 Systemic Pathology  
Prerequisite: BS 101 and BS 301  
This course deals with pathologic processes and abnormal functions, disease processes associated with hematologic, cardiovascular, lymphatic, pulmonary, renal, urologic, reproductive, digestive, musculoskeletal and integumentary systems of the human body.

CM 501 Practice Management  
Prerequisite: Biomedicine Upper Division Standing  
This course explains how to plan and establish a successful and professional AOM private practice, and the necessary steps for practice growth and development. It includes record keeping, insurance billing, collection, and front office procedures, as well as the knowledge of California and Federal laws including HIPAA, OSHA, and Labor codes. Issues regarding practicing in interdisciplinary medical settings, including hospitals, risk management, and business written communication will also be discussed.
CM 502 Ethics  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers the peer review process, and the ethical and legal aspects relating to the practice of Acupuncture and Oriental Medicine.

CM 504 Public Health  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers the art and science of public and community health, disease prevention and public health education. It includes treatment of chemical dependency, communicable diseases, public health alerts, epidemiology and the public health system.

CM 521 Clinical Medicine A  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers neurological, pulmonary/respiratory, gastrointestinal, cardiovascular, lymphatic, musculo-skeletal and sexually transmitted diseases. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for these diseases will be discussed. A review of internal and family medicine, as well as history taking, functional assessments, pharmacological assessment, clinical reasoning, problem solving and diagnostic skills/tools will be included.

CM 522 Clinical Medicine B  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers diseases in the endocrine system, blood system, urinary system, and immune system as well as metabolic diseases. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for the diseases will be discussed. It also takes a comprehensive survey of clinical practices of dentistry, nursing, chiropractic, podiatry, naturopathy, and homeopathy to familiarize practitioners with the practices of other healthcare profession.

CM 523 Clinical Medicine C  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers diseases in general surgery, ophthalmology, E.N.T., pediatrics, psychiatrics, dermatology, obstetrics and gynecology, and public health. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for the diseases will be discussed. It also provides an awareness for at risk populations, including gender, age, indigent, and disease specific patients.

CM 531 Differential Diagnosis  
**Prerequisite: Biomedicine Upper Division Standing**  
This course is designed to provide the students with a basic deductive reasoning process that involves reliable ways to differentiate various conditions commonly seen in OM practice. OM diagnostic principles and theories are fundamental for the differentiation of syndromes. In addition, the differentiation process shall include the use of applicable diagnostic imaging procedures (MRI, CAT Scan, PET, etc), laboratory tests, orthopedic tests, and specialized physical diagnostic procedures to develop clinical impressions and form working diagnoses, so that proper treatment planning may be suggested.

CM 601 Case Management A  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers a detailed inquiry into primary, secondary and specialty care responsibilities in the clinical management of patients. It offers the knowledge and skills of patient counseling to enhance the mind-body-spirit healing of the patient, as well as that of doctors. It also provides tools to assess patient's disease from a psycho-social-cultural-behavioral perspectives. In addition, this course integrates Oriental and Biomedical diagnoses and treatment protocols for the diseases of the pulmonary system, cardiovascular system, gastrointestinal system and urinary system, while keeping in mind the possible herb-drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare providers will also be discussed.

CM 602 Case Management B  
**Prerequisite: Biomedicine Upper Division Standing**  
This course covers case management for injured workers and socialized medicine patients. It includes understanding of workers compensation/labor codes and procedures, coding procedures for current procedural codes such as CPT and ICD-10 diagnoses, the qualified medical evaluation process, the need for follow-up care, the determination of final review, and the selection of functional outcome measures. In addition, this course integrates the Oriental and Biomedical diagnoses and treatment protocols for the diseases of the nervous system, endocrine system, blood system and rheumatology system, while keeping in mind the possible herb drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare providers will also be discussed.
CM 603 Case Management C  
Prerequisite: Biomedicine Upper Division Standing  
3 units / 30 hours

This course covers the proper format, reference, and language of medical-legal report writing for private insurance patients, as well as the situations when the need to participate in or warrant an expert medical testimony and/or independent medical review is necessary. In addition, this course integrates the Oriental and Biomedical diagnoses and treatment protocols for the diseases of general surgery, ophthalmology, E.N.T., pediatrics, psychiatrics, dermatology, obstetrics and gynecology, and public health, while keeping in mind the possible herb-drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare providers will also be discussed. The clinical management of special care and/or seriously ill patients, as well as emergency medicine procedures will also be included.

HM 301 Herbal Principles  
Prerequisite: None  
4 units / 40 hours

Covered in this course are the history and development of herbal medicine in Asia and the U.S.A. Principles of Herbology, including the principles of colors and tastes, herbal prescription, entering channels; preparation of herbs for medical use, legal and ethical considerations of herbal medicine and relevant botany concepts are also presented.

HM 321 Herbology A  
Prerequisite: HM 301  
4 units / 40 hours

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Release the Exterior (Warm, acrid Herbs that Release the Exterior/ Cool, Acrid Herbs that Release the Exterior), Herbs that Clear Heat (Herbs that Drain Fire/ Herbs that cool the Blood/ Herbs that Clear Heat and Dry Dampness/ Herbs that Clear Heat and Relieve Toxicity/ Herbs that Clear and Relieve Summer-Heat), Herbs that Downward Draining Herbs (Purgatives/ Moist Laxatives/ Harsh Expellants) in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 322 Herbology B  
Prerequisite: HM 301  
4 units / 40 hours

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Drain Dampness, Hers that Dispel Wind-Dampness, Cool Herbs that Transform Phlegm-heat, Warm Herbs that Transform Phlegm-cold, Herbs that Relieve Coughing and Wheezing, Herbs that Expel phlegm by inducing Vomiting, Aromatic Herbs that Transform Dampness, Herbs that Relieve Food Stagnation in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 323 Herbology C  
Prerequisite: HM 301  
4 units / 40 hours

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Regulate the Qi, Herbs that Stop Bleeding, Herbs that Invigorate the Blood, Herbs that Warm the Interior and Expel Cold, Herbs that Stabilize and Bind in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 324 Herbology D  
Prerequisite: HM 301  
4 units / 40 hours

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Tonify the Qi, Herbs that Tonify the Blood, Herbs that Tonify the Yang, Herbs that Tonify the Yin, Substances that Anchor, Settle, and Calm the Spirit, Herbs that Nourish the Heart and Calm the Spirit, Aromatic Substances that Open the Orifices, Substances that Extinguish Wind and Stop Tremors, Herbs that Expel Parasites, Substances for External Application in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 431 Herbal Prescription A  
Prerequisite: Two of HM 321, HM 322, HM 323, HM 324  
4 units / 40 hours

This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that release the exterior (Formulas that release early-stage exterior disorders/ Formulas that release exterior cold/ Formulas that release exterior wind-heat/ Formulas that release exterior disorders with head and neck symptoms/ Formulas that release exterior disorders with interior deficiency/ Formulas that release exterior-interior excess), Formulas that clear heat (Formulas that clear heat from the qi level/ Formulas that clear heat from the blood/ Formulas that clear heat and relieve toxicity/ Formulas that clear heat from the organs/ Formulas that clear heat from deficiency/ Formulas that relieve summer heat.
HM 432 Herbal Prescription B
Prerequisite: Two of HM 321, HM 322, HM 323, HM 324
4 units / 40 hours
This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Purgative Formulas (Formulas that Purge Heat Accumulation/ Formulas that Moisten the Intestines and Unblock the Bowels/ Formulas that Warm the Yang and Guide Out Accumulation/ Formulas that Drive Out Excess Water), Harmonizing Formulas (Shaoyang harmonizing formulas/ Liver and Spleen harmonizing formulas/ Intestine and stomach harmonizing formulas), Formulas that treat dryness (Formulas that gently disperse and moisten dryness/ Formulas that enrich the yin and moisten dryness), Formulas that expel dampness (Formulas that promote urination and leach out dampness/ Formulas that transform damp turbidity/ Formulas that clear damp-heat/ Formulas that warm and transform water and dampness/ Formulas that dispel wind-dampness), Formulas that warm interior cold (Formulas that warm the channels and disperse cold/ Formulas that warm the middle and dispel cold/ Formulas that rescue devastated yang)

HM 433 Herbal Prescription C
Prerequisite: Two of HM 321, HM 322, HM 323, HM 324
4 units / 40 hours
This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that tonify (Formulas that tonify the Qi/ Formulas that tonify the blood/ Formulas that tonify Qi and Blood/ Formulas that nourish and tonify the yin/ Formulas that warm and tonify the yang), Formulas that regulate the Qi (Formulas that promote the movement of Qi/ Formulas that direct rebellious qi downward), Formulas that expel wind (Formulas that release wind from skin and channel/ Formulas that extinguish internal wind), Formulas that open the orifices (Formulas that clear heat and open the orifices/ Formulas that warm and open the orifices/ Formulas that scour phlegm and open the orifices, Formulas that treat phlegm (Formulas that dry dampness and expel phlegm/ Formulas that clear heat and transform phlegm/ Formulas that moisten dryness and transform phlegm/ Formulas that transform phlegm and dissipate nodules/ Formulas that treat phlegm (Formulas that dry dampness and expel phlegm/ Formulas that clear heat and transform phlegm/ Formulas that moisten dryness and transform phlegm/ Formulas that transform phlegm and extinguish wind/ Formulas that induce vomiting to discharge phlegm), Formulas that reduce food stagnation, Formulas that Expel Parasites

HM 434 Herbal Prescription D
Prerequisite: Two of HM 321, HM 322, HM 323, HM 324
4 units / 40 hours
This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that stabilize and bind (Formulas that stabilize the exterior and the lungs/ Formulas that restrain leakage from the intestines/ Formulas that stabilize the kidney/ Formulas that stabilize the womb), Formulas that calm the spirit (Formulas that nourish the heart and calm the spirit/ Formulas that sedate and calm the spirit), Formulas that expel wind (Formulas that release wind from skin and channel/ Formulas that extinguish internal wind), Formulas that open the orifices (Formulas that clear heat and open the orifices/ Formulas that warm and open the orifices/ Formulas that scour phlegm and open the orifices), Formulas that treat phlegm (Formulas that dry dampness and expel phlegm/ Formulas that clear heat and transform phlegm/ Formulas that moisten dryness and transform phlegm/ Formulas that transform phlegm and dissipate nodules/ Formulas that treat phlegm (Formulas that dry dampness and expel phlegm/ Formulas that clear heat and transform phlegm/ Formulas that moisten dryness and transform phlegm/ Formulas that transform phlegm and extinguish wind/ Formulas that induce vomiting to discharge phlegm), Formulas that reduce food stagnation, Formulas that Expel Parasites

HM 531 Herbal Practice A
Prerequisite: OM Upper Division Standing
3 units / 30 hours
To recognize a minimum of 300 individual herbs, especially familiar with the herb in a minimum of 150 different formulas. Students not only can recognize individual herbs but also should familiar with the taste and properties/therapeutic meridian/ functions/indications/contraindications of individual herbs and the composition, functions, and indications/contraindications of individual herbs and the composition, functions, and indications of formulas. To help students become familiar with preparing herbal prescription in a clinical setting through the use of individual herbs and herbal combinations. To help students differentiate the usage of same function herbs.

HM 532 Herbal Practice B
Prerequisite: OM Upper Division Standing
3 units / 30 hours
To introduce students to the important Principles of traditional Chinese dermatology. To teach the basic clinical etiology, signs and symptoms, differential diagnosis, treatment plan and treatment of common dermatology diseases. It is expected that practitioners who study this subject are familiar with the caution, contraindications and toxicities of the various material media that are mentioned. For further information about laboratory diagnosis, biomedical treatment, students are urged to consult biomedical dermatology textbooks.

HM 533 Herbal Practice C
Prerequisite: OM Upper Division Standing
3 units / 30 hours
This course covers the basic concepts of OM nutrition and therapeutic diets, a traditional healing and disease prevention system. Students will learn the properties of foods and combination of foods with herbs according to the principle of being in harmony with nature, especially balance between the Yin and Yang of food and of the body. Emphasis will be placed on the natures, tastes, and actions of foods, their function of prevention and therapy of diseases on the basis of OM theory. The main components in foods and basic healthy cooking skills will also be introduced.
OM 301 OM Principles  
**Prerequisite:** None  
This course is a detailed and intensive introduction to basic theories of Traditional Oriental Medicine and association of these theories with their historical backgrounds, philosophy, dao, significance, and clinical applications.

OM 321 OM Diagnosis A  
**Prerequisites:** OM 301  
Introduced in this course are four methods of diagnosis in Oriental Medicine with emphasis on tongue observation and pulse diagnosis. Also covered are analyses of symptoms and signs of diseases.

OM 322 OM Diagnosis B  
**Prerequisites:** OM 301  
This course is a detailed study of the principles of differential diagnoses and clinical syndromes in Oriental Medicine. Eight principles, Qi, Blood, Body Fluid, Etiology, Five Elements, and Channels differentiation are included.

OM 323 OM Diagnosis C  
**Prerequisites:** OM 301  
This course describes diseases related to dysfunction of internal Zang-Fu organs (heart, lung, spleen, liver, kidney, small intestine, large intestine, stomach, gall-bladder, pericardium, and sanjiao). The combination of Zang-Fu diseases, Six-Stage theory (Shang Han Lun), Four Stages theory and Sanjiao theory (Wen Bin Lun) are also discussed.

OM 346 Tai Chi Chuan & Qi Gong  
**Prerequisites:** None  
This course will provide OM students with the rudimentary knowledge and experience with the health and longevity promoting exercises of Tai Chi Chuan, Qi Gong and Breathing. This course is designed for practical knowledge and experience of such exercises to promote the health and balance of the student/practitioner, increase awareness and concentration, integrate OM principles with kinetic movement, and counsel and instruct patients in terms of exercise, biomechanical alignment, health, lifestyle and self-care. Western anatomical biomechanics, kinesiology, injury prevention and rehabilitation instruction will also be included.

OM 511 OM Classical Theory A  
**Prerequisites:** OM Upper Division Standing  
This course consists of classic theories of infectious diseases in Shang Han Lun related to Nei Jing caused by exogenous wind and cold factors. Included are etiology, clinical manifestations, pulse and tongue signs and complications at different stages of each infectious disease. The course also covers basic therapeutic herbal formulas applicable to different diagnoses of syndrome and different stages of disease progression.

OM 512 OM Classical Theory B  
**Prerequisites:** OM Upper Division Standing  
This course includes classic theories of infectious diseases caused by exogenous heat of warm factors. Included are etiology, clinical manifestations, pulse and tongue signs, and different stages of each syndrome. Also covered are basic therapeutic herbal formulas applicable to different syndromes or different stages of disease progression. It covers related topics in Wen Bing, Jin Gui and Nei Jing.

OM 521 OM Internal Medicine A  
**Prerequisite:** OM Upper Division Standing  
These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Common Cold and Influenza, Cough, XiaoZheng (Asthma), Allergic rhinitis, Sinusitis, Lung Abscess, Pulmonary Tuberculosis, Palpitation, Xiong Bi (Chest Painful Obstruction Syndrome), Headache, Dizziness and Vertigo, Tinnitus, Insomnia, Wind-stroke, Chronic Fatigue Syndrome.

OM 522 OM Internal Medicine B  
**Prerequisite:** OM Upper Division Standing  
These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Epigastric pain, Vomiting and Hiccup, Diarrhea and dysentery, Abdominal pain, Constipation, Gu Zheng (Abdominal Distension & Ascites), Hypochondriac pain, Jaundice, Edema, Lin Zheng (Dysuria Syndrome), Enuresis and Incontinence, Impotence and nocturnal emission, Xiao-Ke (Diabetes Mellitus), Internal Fever, Mental Emotional Problem (Manic-Depressive Disorders).
OM 523 OM Internal Medicine C
Prerequisite: OM Upper Division Standing
These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Bi Zheng (painful Obstruction Syndrome), Lower back pain and Sciatica, Wei Xheng (Atrophy Syndrome), Parkinson's disease, Multiple Sclerosis, Jian Zheng (Epilepsy Syndrome), Jin Zheng (Convulsion Syndrome), Jue Zheng (Syncope, Coma Syndrome), Tan Zheng (Phlegm Syndrome), Han Zheng (Abdominal perspiration syndrome), Xue Zheng (Bleeding Syndrome), Yu Zheng (Stagnation Syndrome).

OM 524 OM Internal Medicine D
Prerequisite: OM Upper Division Standing
This course covers Gynecology consisting of basic physiology of female reproductive organs according to Oriental Medical theory and disorders affecting these organs. Diagnosis and treatment are also covered.

CI 410 Clinical Internship OB
Prerequisite: AC301, BS321, BS322, HM301, BS301, CM321, OM301, AC321, AC322, AC323, OM321, OM322, OM323, HM321, HM322, HM323, HM324, CM301 CPR & First Aid Certificates, IT599 CNT Certificate, TOEFL (iBT 45+) for Chinese and Korean program, Complete CCE1 Written Exam (All 4 sections)
During the Observation (OB) Phase, interns will be given an opportunity to observe the AOM practice and the care of patients. This normally occurs after the second year of study, and passing of CCE I is recommended. OB Phase internship involves 40 hours training in the Herbal Pharmacy, assisting patients in filling out all necessary clinic forms, (including the Consent Form), regularly reviewing patient’s files for complete understanding of the patient’s protocol, progress, treatment, and assessment plan, demonstrating competency in communication skills, patient management, and insurance billing, taking patient histories, including recording of vital signs, as well as observing clinical practice of needling and other OM modalities including case presentation and discussions. Students are also responsible for preparing the treatment rooms to receive new patients, attending OSHA and HIPAA Workshops, and be familiar with compliance of OSHA and HIPAA regulations as well, and experience patient recruitment by attending scheduled health fairs, and contacting patients for follow-up visits.

CI 510 Clinical Internship SP
Prerequisite: CI401 Clinical Internship OB, BS 101, BS 102, BS 104, BS105, BS331, AC421, AC422, BS323, AC344
During the Supervised Practice Phase (SP) Interns will be given the opportunity to manage patients under the supervision of clinic faculty. Each student-intern must complete a Western clinical impression and AOM diagnosis for review and approval by a Clinic Supervisor. A treatment protocol must be established and approved by the Clinic Supervisor to include proposed western clinical impression(s), OM diagnoses, and a recommended treatment protocol that includes needling therapy, herbal prescriptions, and/or other AOM modalities that are applicable to the patient's condition(s). The Clinical Supervisor is required to physically be present at time of the patient's examination and treatment procedures, and to verify accurate and proper needling therapy. Adjunct laboratory tests and diagnostic imaging procedures may also be required as well as potential consultations with other medical practitioners or referral.

CI 610 Clinical Internship IP
Prerequisite: CI510 Clinical Internship SP, At least 2 classes of Herbal Prescription A, B, C, D must be completed (HM 431, HM 432, HM 433, HM 434), Completion of Acupuncture Theory & Therapy A, B (AC 521, AC522).
During the Independent Practice (IP) Phase, interns complete a clinical impression and Oriental medical diagnosis, as noted in supervised practice, for concurrence by the Clinical Supervisor. A treatment approach is recommended for concurrence by the Clinical Supervisor after which acupuncture or other modalities are employed to treat the condition. The Clinical Supervisor is not required to observe the actual diagnosis or treatment, but must be in close proximity of the location where the patient is being treated. The student is required to consult with the assigned Clinical Supervisor before and after each treatment. Further laboratory tests and diagnostic imaging also may be recommended as well as possible referral to another medical specialist by the Clinical Supervisor.