



DETAILED COURSE DESCRIPTIONS

AC 340 Acupuncture Principles

4 Units

Prerequisite: None

This course introduces basic concepts of channels, collaterals, and acupuncture points. This course also covers acupuncture history, classification, systems of nomenclature, knowledge of standards of the WHO, distribution, and functions of the channels and collaterals.

AC 341 Acupuncture A

4 Units

Prerequisite: AC 340

This course is an introduction to the principles and theories of acupuncture points and meridians; specifically the Lung, Large Intestine, Stomach, Spleen, Heart, Small Intestine, Urinary Bladder and Kidney channels. It includes a detailed study of the pathways and pathogens of each channel as well as location, action, and indication of each acupuncture point for acupressure, needling, bodyworks, and other treatment modalities.

AC 342 Acupuncture B

4 Units

Prerequisite: AC 340

The course is a continuation of course AC 341. It covers the principles and theories of acupuncture points and meridians; specifically the Small Intestine, Liver, Kidney, Urinary Bladder, Pericardium, Sanjiao, and Gall Bladder channels. It includes a detailed study of the pathways and pathogens of each channel as well as location, action, and indication of each acupuncture point for acupressure, needling, bodyworks, and other treatment modalities.

AC 343 Acupuncture C

4 Units

Prerequisite: AC 340

This course is a detailed introduction to the principles and theories of the Eight Extraordinary Channels, Twelve Divergent Channels, Fifteen Collaterals, Twelve Muscular Regions, and Twelve Cutaneous Regions.

AC 344 Special Acupuncture Modalities

3 Units

Prerequisite: AC 340

This course covers the application of the special acupuncture points and introduces the special acupuncture modality such as Auricular, Scalp, Face and Nose, Hand and Foot, Cutaneous, Pressure, Intradermal, Three-edged Needle, Warm Needle, and Electro Acupuncture. The course also introduces the method of Moxibustion and Cupping, as well as management of possible accidents in acupuncture treatment.

AC 345 Acupressure / Tui Na I

3 Units

Prerequisite: None

This course includes the principles, theory, techniques utilizing manual therapy





and mechanical devices and practice of basic Acupressure and Tui Na (Oriental Massage).

AC 441 Acupuncture Techniques A 4 Units

Prerequisite: AC 341, AC 342

This course covers the hygienic standards including clean needle techniques, management of possible accidents in acupuncture treatment, equipment maintenance and safety and preparation for various needling techniques. Students practice the point location and the needling techniques for eight channels (Du, Ren, Lung, Large Intestine, Stomach, Spleen, Heart, and Small Intestine channels).

AC 442 Acupuncture Techniques B 4 Units

Prerequisite: AC 341, AC 342

This course covers the hygienic standards including clean needle techniques, management of possible accidents in acupuncture treatment, equipment maintenance and safety and preparation for various needling techniques. Students practice the point location and the needling techniques for six channels (Urinary Bladder, Kidney, Pericardium, San Jiao, Gall Bladder, Liver channels) and the extraordinary points. Students also practice auricular, scalp, cutaneous, and warming acupuncture as well as electro-acupuncture, cupping, bleeding, gua sha, dermal tacks and cold and heat therapy including moxibustion and ultrasound. Students practice acupuncture point stimulation devices including magnets and beads, too.

AC 541 Acupuncture Theory Therapy A 4 Units

Prerequisite: Upper Division Standing

This course covers a study of the principles of Acupuncture prescription and treatment from Nei Jing to modern acupuncture and oriental medicine literature. The course includes a detailed study of clinical acupuncture treatment procedures for different specialties including emergency care, family medicine, internal medicine such as Respiratory, Digestive, Urogenital, and Psychological diseases.

AC 542 Acupuncture Theory Therapy B 4 Units

Prerequisite: Upper Division Standing

This course covers a study of the principles of Acupuncture prescription and treatment from Nei Jing to modern acupuncture and oriental medicine literature. The course includes a detailed study of clinical acupuncture treatment procedures for different specialties including orthopedics, traumatology, geriatrics, gynecology, pediatrics, dermatology, and ophthalmology.

BS 200 Medical Terminology 3 Units

Prerequisite: None

This course covers standard medical terminology used by healthcare practitioners in referring to various diseases, surgical procedures, medical procedures and body parts. The medical terms consist of Greek and Latin roots, combined forms, prefixes, and suffixes. The course also includes Western medical abbreviations, and the different formats (singular and plurals) of the terminology.





BS 201 Biology 3 units

Prerequisite: None

This course covers earth's diversity of biological organisms and systems. The processes of life from the most basic unicellular to highly complex mammalian organisms will be presented, along with interconnections between living systems and how life evolved in greater complexity from simple beginnings. Topics covered include cell structure and function, basic reproduction and genetics (mitosis & meiosis), plant and animal structures, basic life processes (digestion, respiration, excretion, secretion & reproduction), ecology and the biosphere. Also this course includes introduction to immunology and microbiology (viruses, bacteria, and other medical related micro-organism) as the basis of clinical science.

BS 202 Chemistry 2 units

Prerequisite: None

This course examines basic principles of chemistry. Fundamentals of general chemistry will be presented; focusing on the basic conceptions of matter, atom, molecules and compounds; chemical reactions and chemical bonds. This course also introduces basic knowledge of bio- compounds such as amino acids, proteins, lipids and nucleic acids.

BS 203 Physics 3 units

Prerequisite: None

This course will present classical and Quantum Physics including Newtonian Physics Thermodynamics, and Relativity. The laws governing bodies in motion and at rest (inertia), mass, temperature and pressure changes and the effect on mass, will be presented in a Newtonian context. The course also includes application of physics in clinical medicine as well as a general survey of biophysics.

BS 204 Psychology 3 units

Prerequisite: None

This course will present a history of the development of psychological theory from Freud to the present, encompassing Pavlovian and Skinnerian theories of behavior, and the sorts of maladies which might be termed "psychosomatic." Modern descriptions of mental illnesses, such as psychoses and neuroses will be explained. Traditional outlooks on mental illnesses are also explored, such as explanations for mental illness. Psychological disorders and therapeutic methods will also be examined for effectiveness in treating mental illness.

BS 206 Anatomy & Physiology A 4 units

Prerequisite: None

The objective of this course is to provide students with an understanding of the structures and arrangement of gross surface features of the human body. Students are introduced to clinically significant relationships through lectures and laboratory dissection of cadavers. Slides are used to emphasize areas useful to the acupuncturist. This course pays special attention to the musculoskeletal and respiratory systems.



**BS 207 Anatomy/Physiology B**

4 Units

Prerequisite: None

This is a continuation of basic Anatomy/Physiology A with particular emphasis placed on the function of organs and organ systems (cardiovascular, gastrointestinal, urinary, lymphatic, immunological) along with basic blood chemistry, blood pH, body fluids and electrolyte balance, and acid-base balance.

BS 215 Organic/Biochemistry

2 Units

Prerequisite: BS 202

This course examines basic principles of organic and biochemistry. Fundamentals of organic and cellular chemistry will be presented, while focusing on chemical reactions within living cells are the foundation of all life processes. The structures, properties, metabolism, functions as well as practical and clinical aspects of the following groups of bio-compounds will be studied: amino acids, proteins, enzyme co-factors, lipids, and nucleic acids.

BS 210 Acupuncture Anatomy

1 Units

Prerequisite: BS 206, AC 341, AC 342

The objective of this course is to provide students with an understanding of the structures and arrangement of gross surface features of the human body. Students are introduced to clinically significant relationships through lectures and laboratory dissection of cadavers. Slides are used to emphasize areas useful to the acupuncturist.

BS 220 Research Methodology

3 Units

Prerequisite: None

This course is designed to introduce basic concepts and techniques of collecting, organizing, and analyzing data (methods of statistical analysis) in order to carry out and research a specific inquiry in Acupuncture and Oriental Medicine and related evidence-based medicine. This course focuses on gaining knowledge in research methods, academic peer review process, and literature evaluation to apply later in a research project of one's own design.

BS 221 Nutrition & Diets

3 Units

Prerequisite: None

This is a general nutrition course with an introduction to principles of nutrition and their relationship to health. It discuss the basis of a healthy diet, human digestion and absorption, metabolism of carbohydrates, lipids, and proteins and its relation to common diseases like diabetes mellitus, cardiovascular diseases as well as renal and liver diseases. The course also describes the water and fat-soluble vitamins, as well as the major minerals and their relationship to cancer and hypertension. The last part of the course discusses the energy balance and weight control, nutrition through the life cycle and eating disorders.





BS 308 Neurosciences / Endocrinology 4 Units

Prerequisite: BS 205, BS 207

This is a continuation of basic Anatomy/Physiology courses with particular emphasis placed on the nervous system (nervous tissues, central nervous system, peripheral nervous system and autonomic nervous system). The anatomy of special sense organs (sight, hearing, smell, and taste) and human genetics are also a part of this course as well as an introduction to the endocrine system.

BS 310 History of Medicine 1 Unit

Prerequisite: None

The History of Medicine, in general, in which the origins of medical theory, the progress of medical science, and the history and development of Acupuncture and Oriental Medicine in the United States are discussed. Medical conditions and name of tests from famous individuals who discovered them will also be presented.

BS 375 Pharmacology 4 Units

Prerequisite: BS 200, BS 201

This course covers pharmaceuticals used in the treatment of disease. The pharmacological assessment of patients, as well as the mechanisms of action, absorption, excretion, contraindications, side effects and toxicity of specific drugs will be presented. Specific drugs-herbs-nutritional interactions will also be discussed.

BS 383 General Pathology 4 Units

Prerequisite: BS 200, BS 205

This course deals with basic general concepts of pathology associated with cellular damage, bodily responses to injury, acute and chronic inflammation, hemodynamic dysfunction, genetic disorders and neoplasia. A systematic review of pathological processes affecting neurologic and endocrine systems will also be presented.

BS 384 Systemic Pathology 4 Units

Prerequisite: BS 383

This course deals with pathologic processes and abnormal functions, disease processes associated with hematologic, cardiovascular, lymphatic, pulmonary, renal, urologic, reproductive, digestive, musculoskeletal and integumentary systems of the human body.

CM 461 Physical Diagnosis 4 Units

Prerequisite: None

Presented in this course are standard methods of physical examination and /or assessment, including neuromusculoskeletal, orthopedic, neurological, abdominal, and ear, nose and throat examinations, and functional assessment. It emphasizes on comprehensive history taking clinical reasoning and problem solving, Proper bedside





manner and sensitive communication skills in multi-cultural environment and diverse context will also be discussed. The procedures for ordering diagnosing imaging, radiological and laboratory tests, and the importance of incorporating these adjunct diagnostic tools and the resulting data and reports for developing clinical impressions, working diagnoses, and effective patient management will be discussed. WHO's international classification of diseases (ICD) will be introduced.

CM 501 Practice Management 3 Units

Prerequisite: Upper Division Standing

This course explains how to plan and establish a successful and professional AOM private practice, and the necessary steps for practice growth and development. It includes record keeping, insurance billing, collection, and front office procedures, as well as the knowledge of California and Federal laws including HIPAA, OSHA, and Labor codes. Issues regarding practicing in interdisciplinary medical settings, including hospitals, risk managements, and business written communication will also be discussed.

CM 502 Ethics 2 Units

Prerequisite: Upper Division Standing

This course covers the peer review process, and the ethical and legal aspects relating to the practice of Acupuncture and Oriental Medicine.

CM 503 CPR & First-Aid 1 Unit

Prerequisite: None

This course covers Cardiopulmonary Resuscitation (CPR) and First-Aid training. The main purpose of this course is to teach students the psycho-motor skills needed in emergency care to help sustain life and to minimize pain and the consequences of injury or sudden illness.

CM 504 Public Health 3 Units

Prerequisite: None

This course covers the art and science of public and community health, disease prevention and public health education. It includes treatment of chemical dependency, communicable diseases, public health alerts, epidemiology and the public health system.

CM 560 Clinical Medicine A 4 Units each

Prerequisite: Upper Division Standing

This course covers neurological, pulmonary/respiratory, gastrointestinal, cardiovascular, lymphatic, musculo-skeletal and sexually transmitted diseases. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for these diseases will be discussed. A review of internal and family medicine, as well as history taking, functional assessments, pharmacological assessment, clinical reasoning, problem solving and





diagnostic skills/tools will be included..

CM 561 Clinical Medicine B 4 Units each

Prerequisite: Upper Division Standing

This course covers diseases in the endocrine system, blood system, urinary system, and immune system as well as metabolic diseases. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for the diseases will be discussed. It also takes a comprehensive survey of clinical practices of dentistry, nursing, chiropractic, podiatry, naturopathy, and homeopathy to familiarize practitioners with the practices of other healthcare profession.

CM 562 Clinical Medicine C 4 Units

Prerequisite: Upper Division Standing

This course covers diseases in general surgery, ophthalmology, E.N.T., pediatrics, psychiatrics, dermatology, obstetrics and gynecology, and public health. Respective Western diagnostic methods, adjunct diagnostic tools, nutritional therapeutic approaches and treatment protocols, including pharmaceuticals for the diseases will be discussed. It also provides an awareness for at risk populations, including gender, age, indigent, and disease specific patients.

CM 661 Differential Diagnosis 4 Units

Prerequisite: Upper Division Standing

This course is designed to provide the students with a basic deductive reasoning process that involves reliable ways to differentiate various conditions commonly seen in OM practice. OM diagnostic principles and theories are fundamental for the differentiation of syndromes. In addition, the differentiation process shall include the use of applicable diagnostic imaging procedures (MRI, CAT Scan, PET, etc), laboratory tests, orthopedic tests, and specialized physical diagnostic procedures to develop clinical impressions and form working diagnoses, so that proper treatment planning may be suggested.

CM 671 Case Management A 3 Units

Prerequisite: Upper Division Standing

This course covers a detailed inquiry into primary, secondary and specialty care responsibilities in the clinical management of patients. It offers the knowledge and skills of patient counseling to enhance the mind-body-spirit healing of the patient, as well as that of doctors. It also provides tools to assess patient's disease from a psycho-social-cultural-behavioral perspectives. In addition, this course integrates Oriental and Biomedical diagnoses and treatment protocols for the diseases of the pulmonary system, cardiovascular system, gastrointestinal system and urinary system, while keeping in mind the possible herb-drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare





providers will also be discussed.

CM 672 Case Management B

3 Units

Prerequisite: Upper Division Standing

This course covers case management for injured workers and socialized medicine patients. It includes understanding of workers compensation/ labor codes and procedures, coding procedures for current procedural codes such as CPT and ICD-9 diagnoses, the qualified medical evaluation process, the need for follow-up care, the determination of final review, and the selection of functional outcome measures. In addition, this course integrates the Oriental and Biomedical diagnoses and treatment protocols for the diseases of the nervous system, endocrine system, blood system and rheumatology system, while keeping in mind the possible herb-drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare providers will also be discussed.

CM 673 Case Management C

3 Units

Prerequisite: Upper Division Standing

This course covers the proper format, reference, and language of medical-legal report writing for private insurance patients, as well as the situations when the need to participate in or warrant an expert medical testimony and/or independent medical review is necessary. In addition, this course integrates the Oriental and Biomedical diagnoses and treatment protocols for the diseases of general surgery, ophthalmology, E.N.T., pediatrics, psychiatrics, dermatology, obstetrics and gynecology, and public health, while keeping in mind the possible herb-drug interactions, treatment contraindications and complications. Disease prognosis, future medical care or the continuity of care, necessary referrals, and collaborative efforts with other primary or secondary healthcare providers will also be discussed. The clinical management of special care and/or seriously ill patients, as well as emergency medicine procedures will also be included.

HM 330 Herbal Principles

4 Units

Prerequisite: None

Covered in this course are the history and development of herbal medicine in Asia and the U.S.A. Principles of Herbology, including the principles of colors and tastes, herbal prescription, entering channels; preparation of herbs for medical use, legal and ethical considerations of herbal medicine and relevant botany concepts are also presented.

HM 331, Herbology A

4 Units

Prerequisite: HM 330

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Release the Exterior (Warm, acrid Herbs that Release the Exterior/ Cool, Acrid Herbs that Release the Exterior), Herbs that Clear Heat (Herbs that Drain Fire/ Herbs that cool the Blood/ Herbs that Clear Heat and Dry Dampness/ Herbs that Clear Heat and Relieve Toxicity/ Herbs that Clear and Relieve Summer-Heat), Herbs that Downward Draining Herbs (Purgatives/ Moist Laxatives/ Harsh Expellants) in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.



**HM 332 Herbology B**

4 Units

Prerequisite: HM 330

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Drain Dampness, Herbs that Dispel Wind-Dampness, Cool Herbs that Transform Phlegm-heat, Warm Herbs that Transform Phlegm-cold, Herbs that Relieve Coughing and Wheezing, Herbs that Expel phlegm by inducing Vomiting, Aromatic Herbs that Transform Dampness, Herbs that Relieve Food Stagnation in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 333 Herbology C

4 Units

Prerequisite: HM 330

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Regulate the Qi, Herbs that Stop Bleeding, Herbs that Invigorate the Blood, Herbs that Warm the Interior and Expel Cold, Herbs that Stabilize and Bind in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 334 Herbology D

4 Units

Prerequisite: HM 330

This course is closely related to Herbal Principles. Emphasis is placed on a systematic description of the commonly used herbs like Herbs that Tonify the Qi, Herbs that Tonify the Blood, Herbs that Tonify the Yang, Herbs that Tonify the Yin, Substances that Anchor, Settle, and Calm the Spirit, Herbs that Nourish the Heart and Calm the Spirit, Aromatic Substances that Open the Orifices, Substances that Extinguish Wind and Stop Tremors, Herbs that Expel Parasites, Substances for External Application in terms of their nature, entering channels (target organs), actions, indications, contraindications, dosage, and route of administration.

HM 431 Herbal Prescription A

4 Units

Prerequisite: Two of HM 331, HM 332, HM 333.

This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that release the exterior (Formulas that release early-stage exterior disorders/ Formulas that release exterior cold/ Formulas that release exterior wind-heat/ Formulas that release exterior disorders with head and neck symptoms/ Formulas that release exterior disorders with interior deficiency/ Formulas that release exterior-interior excess), Formulas that clear heat (Formulas that clear heat from the qi level/ Formulas that clear heat from the nutritive level and cool the blood/ Formulas that clear heat and relieve toxicity/ Formulas that clear heat from the organs/ Formulas that clear heat from deficiency/ Formulas that relieve summerheat.



**HM 432 Herbal Prescription B** 4 Units

Prerequisite: Two of HM 331, HM 332, HM 333.

This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Purgative Formulas (Formulas that Purge Heat Accumulation/ Formulas that Moisten the Intestines and Unblock the Bowels/ Formulas that Warm the Yang and Guide Out Accumulation/ Formulas that Drive Out Excess Water), Harmonizing Formulas (Shaoyang harmonizing formulas/ Liver and Spleen harmonizing formulas/ Intestine and stomach harmonizing formulas), Formulas that treat dryness (Formulas that gently disperse and moisten dryness/ Formulas that enrich the yin and moisten dryness), Formulas that expel dampness (Formulas that promote urination and leach out dampness/ Formulas that transform damp turbidity/ Formulas that clear damp-heat/ Formulas that warm and transform water and dampness/ Formulas that dispel wind-dampness), Formulas that warm interior cold (Formulas that warm the channels and disperse cold/ Formulas that warm the middle and dispel cold/ Formulas that rescue devastated yang).

HM 433 Herbal Prescription C 4 Units

Prerequisite: Two of HM 331, HM 332, HM 333.

This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that tonify (Formulas that tonify the Qi/ Formulas that tonify the blood/ Formulas that tonify Qi and Blood/ Formulas that nourish and tonify the yin/ Formulas that warm and tonify the yang), Formulas that regulate the Qi (Formulas that promote the movement of Qi/ Formulas that direct rebellious qi downward), Formulas that invigorate the blood (Formulas that invigorate the blood and dispel blood stasis/ Formulas that warm the menses and dispel blood stasis/ Formulas that invigorate the blood in the treatment of traumatic injury), Formulas that stop bleeding (Formulas that clear heat and stop bleeding, Formulas that tonify and stop bleeding).

HM 434 Herbal Prescription D 4 Units

Prerequisite: Two of HM 331, HM 332, HM 333.

This course is collectively an in-depth study of herbs and common formulas used in Oriental Medical practice, including a description of actions, indications, contraindications, dosage, variation, counseling, preparation, storage, potential side effects and routes of administration of the herbal formulas like Formulas that stabilize and bind (Formulas that stabilize the exterior and the lungs/ Formulas that restrain leakage from the intestines/ Formulas that stabilize the kidney/ Formulas that stabilize the womb), Formulas that calm the spirit (Formulas that nourish the heart and calm the spirit/ Formulas that sedate and calm the spirit), Formulas that expel wind





(Formulas that release wind from skin and channel/ Formulas that extinguish internal wind), Formulas that open the orifices (Formulas that clear heat and open the orifices/ Formulas that warm and open the orifices/ Formulas that scour phlegm and open the orifices), Formulas that treat phlegm (Formulas that dry dampness and expel phlegm/ Formulas that clear heat and transform phlegm/ Formulas that moisten dryness and transform phlegm/ Formulas that transform phlegm and dissipate nodules/ Formulas that warm and transform cold-phlegm/ Formulas that transform phlegm and extinguish wind/ Formulas that induce vomiting to discharge phlegm), Formulas that reduce food stagnation, Formulas that expel parasites.

HM 531 Herbal Practice A 3 Units

Prerequisite: Upper Division Standing

This course is to recognize a minimum of 300 individual herbs, especially familiar with the herb in a minimum of 150 different herbal formulas. Students not only can recognize individual herbs and differentiate the usage of herbs within the same category, but should also be familiar with the respective tastes and properties/therapeutic meridian/functions/indications/contraindications of individual herbs and the composition, functions, and indications/contraindications of individual herbs and the composition, functions, and indications of formulas. This course also helps students to become familiar with preparing herbal prescription in a clinical setting through the use of individual herbs and herbal combinations.

HM 532 Herbal Practice B 3 Units

Prerequisite: Upper Division Standing

This course introduces students to the important principles and theories of traditional Chinese dermatology, and the basic clinical etiology, signs and symptoms, differential diagnosis, treatment plan, as well as the herbal treatment of common dermatology diseases. It is expected for students to be familiar with the functions, cautions, contraindications, toxicities, and interactions of the various herbal therapeutics and pharmaceuticals mentioned. For proper integration of information, students are urged to consult biomedical dermatology textbooks for laboratory diagnosis and biomedical treatments.

HM 533 Herbal Practice C 3 Units

Prerequisite: Upper Division Standing

This course covers the basic concepts of OM nutrition including clinical and medical nutrition, dietary, supplement prescription and counseling in a traditional healing and disease prevention system. Students will learn the properties of foods and combination of foods with herbs according to the basis of herbal principles, and of being in Yin and Yang harmony and balance with nature, food, and body. Emphasis will be placed on the natures, tastes, and actions of foods, their function of prevention and therapy of diseases on the basis of OM theory. The main components in foods and basic healthy cooking skills will also be introduced.





OM 320 Oriental Medicine Principles 4 Units

Prerequisite: None

This course is a detailed and intensive introduction to basic theories of Traditional Oriental Medicine and association of these theories with their historical backgrounds, philosophy, dao, significance, and clinical applications.

OM 321 OM Diagnosis A 4 Units

Prerequisites: OM 320

Introduced in this course are four methods of diagnosis in Oriental Medicine with emphasis on tongue observation and pulse diagnosis. Also covered are analyses of symptoms and signs of diseases.

OM 322 OM Diagnosis B 4 Units

Prerequisites: OM 320

This course is a detailed study of the principles of differential diagnoses and clinical syndromes in Oriental Medicine. Eight principles, Qi, Blood, Body Fluid, Etiology, Five Elements, and Channels differentiation are included.

OM 323 OM Diagnosis C 4 Units

Prerequisites: OM 320

This course describes diseases diagnosis related to the dysfunction of internal Zang-Fu organs (heart, lung, spleen, liver, kidney, small intestine, large intestine, stomach, gall-bladder, pericardium, and sanjiao). The combination of Zang-Fu diseases, Six-Stage theory (Shang Han Lun), Four Stages theory and Sanjiao theory (Wen Bin Lun) are also discussed.

OM 346 Tai Chi Chuan & Qi Gong 3 Units

Prerequisites: None

This course will provide OM students with the rudimentary knowledge and experience with the health and longevity promoting exercises of Tai Chi Chuan, Qi Gong and breathing. This course is designed for practical knowledge and experience of such exercises to promote the health and balance of the student/practitioner, increase awareness and concentration, integrate OM principles with kinetic movement and body works, and counsel and instruct patients in terms of exercise, biomechanical alignment, and health. Western anatomical biomechanics, kinesiology, injury prevention and rehabilitation instruction will also be included.

OM 421 OM Classical Theory A 4 Units

Prerequisites: Upper Division Standing

This course consists of classic theories of infectious diseases caused by exogenous wind and cold factors. Included are etiology, clinical manifestations, pulse and tongue signs and complications at different stages of each infectious disease. The course also covers basic therapeutic herbal formulas applicable to different diagnoses of syndrome and different stages of disease progression.





OM 422 OM Classical Theory B 4 Units

Prerequisites: Upper Division Standing

This course includes classic theories of infectious diseases caused by exogenous heat of warm factors. Included are etiology, clinical manifestations, pulse and tongue signs, and different stages of each syndrome. Also covered are basic therapeutic herbal formulas applicable to different syndromes or different stages of disease progression.

OM 521 OM Internal Medicine A 4 Units

Prerequisite: Upper Division Standing

These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Common Cold and Influenza, Cough, Xiao Zheng (Asthma), Allergic rhinitis, Sinusitis, Lung Abscess, Pulmonary Tuberculosis, Palpitation, Xiong Bi (Chest Painful Obstruction Syndrome), Headache, Dizziness and Vertigo, Tinnitus, Insomnia, Wind-stroke, Chronic Fatigue Syndrome.

OM 522 OM Internal Medicine B 4 Units

Prerequisite: Upper Division Standing

These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Epigastric pain, Vomiting and Hiccup, Diarrhea and dysentery, Abdominal pain, Constipation, Gu Zheng (Abdominal Distension & Ascites), Hypochondriac pain, Jaundice, Edema, Lin Zheng (Dysuria Syndrome), Enuresis and Incontinence, Impotence and nocturnal emission, Xiao-Ke (Diabetes Mellitus), Internal Fever, Mental Emotional Problem (Manic-Depressive Disorders).

OM 523 OM Internal Medicine C 4 Units

Prerequisite: Upper Division Standing

These courses include the study of clinical Oriental Medicine dealing with single entities and syndromes of different body systems and integrated acupuncture and oriental medicine diagnostic and treatment procedures. Special consideration is given to etiology and pathogenesis, clinical manifestations, analyses, and treatment





plans, including important and necessary acupuncture, herbal treatments, lifestyle counseling, and self-care recommendations. These courses also cover, in detail, methods to add acupuncture points and herbs to the basic treatments according to disease progression and various syndromes. It covers diseases like Bi Zheng (painful Obstruction Syndrome), lower back pain and Sciatica, Wei Zheng (Atrophy Syndrome), Parkinson's disease, Multiple Sclerosis, Jian Zheng (Epilepsy Syndrome), Jin Zheng (Convulsion Syndrome), Jue Zheng (Syncope, Coma Syndrome), Tan Zheng (Phlegm Syndrome), Han Zheng (Abdominal perspiration syndrome), Xue Zheng (Bleeding Syndrome), Yu Zheng (Stagnation Syndrome).

OM 524 OM Internal Medicine D 4 Units

Prerequisite: Upper Division Standing

This course covers Gynecology consisting of basic physiology of female reproductive organs according on Oriental Medical theory and disorders affecting these organs. Diagnosis and treatment are also covered. It covers symptoms and syndromes like Early Menstruation, Delayed Menstruation, Irregular Menstruation, Hypermenorrhea, Hypomenorrhea, Dysmenorrhea, Amenorrhea, Ben-Lou syndrome (massive or spotting vaginal bleeding), The complications of menstruation, Menopausal syndrome, Leucorrhoea, and Obstetric diseases such as Hypermenses gravida (Morning sickness), Miscarriage (Threaten Abortion), Vulvar pruritus (genital itching), Sterility.

CI 491 Clinical Internship OB 8 Units or 160 hours

Prerequisite: BS 200, BS 205, BS 207, BS 210, BS 308, BS 310, CM 461, OM 320, at least 2 classes of OM 321, OM 322, OM 323, HM 330, At least 2 classes of Herbology HM 331, HM 332, HM 333, HM 334, AC 340, At least 2 classes of Acupuncture AC 341, AC 342, AC 343, AC 344, CM 503, CNT Certificates, TOEFL (450+) and TSE for foreign students, CCE 1 Written exam recommended

During the Observation Phase (OB), interns will be given an opportunity to observe the AOM practice and the care of patients. This normally occurs after the second year of study, and passing of CCE I is recommended. OB Phase internship involves 40 hours training in the Herbal Pharmacy, assisting patients in filling out all necessary clinic forms, (including the Consent Form), regularly reviewing patient's files for complete understanding of the patient's protocol, progress, treatment, and assessment plan, demonstrating competency in communication skills, patient management, and insurance

billing, taking patient histories, including recording of vital signs, as well as observing clinical practice of needling and other OM modalities including case presentation and discussions. Students are also responsible for preparing the treatment rooms to receive new patients, attending OSHA and HIPAA Workshops, and be familiar with compliance of OSHA and HIPAA regulations as well, and experience patient recruitment by attending scheduled health fairs, and contacting patients for follow-up visits.

CI 613 Clinical Internship SP 20 Units or 400 hours

Prerequisite: CI 491 Clinical Internship OB, BS 201, 204 Completion of HM 331, HM 332, HM 333, HM 334, AC 441 and AC 442, Complete and Pass CCE 1 (All 4 Sections).

During the Supervised Practice Phase (SP) Interns will be given the opportunity to



