

South Baylo University

Certificate in Acupressure-Tuina Massge Program

Course Requirements for Certificate Completion

Course Title	Hours
Anatomy & Physiology	200
Swedish Massage Theory & Practical Training	400
Acupressure & Tuina	180
Hygiene	30
Kinesiology	50
Nutrition	20
Foot Reflexology	50
Aromatherapy	40
Ethics	30
Total : 1000 hours	

Program Objectives of Certificate Program

Upon completion of this Certificate program, a student will be knowledgeable in Acupressure-Tuina Massage and will be able to:

- Demonstrate an overall understanding of the normal bodily structures and their essential functions.
- List all the structures and functions of the integumentatry system.
- Demonstrate psycho-motor skills necessary to provide Acupressure-Tuina Massage.
- Describe the therapeutic effects and benefits of Acupressure-Tuina Massage.
- Successfully secure a license to practice as a Massage Therapist and to serve the community.
- Provide effective Acupressure-Tuina Massage to clients in a private practice setting.
- Work as a licensed Massage Therapist in collaboration with other health care providers.